SUNDAY: APRIL 10 TONE 5

Fifth Sunday of Lent: St Mary of Egypt
Martyrs Terence, Pompeius, Africanus, Maximus,
Zeno, Alexander, Theodore, Macarius, and 33 others,
beheaded

[Music for the stichera for St Mary of Egypt from the Department of Liturgical Music and Translations can be downloaded at www.oca.org]

"Lord I Call..." Tone 5

Lord, I call upon You, hear me! Hear me, O Lord! Lord, I call upon You, hear me! Receive the voice of my prayer, when I call upon You!// Hear me, O Lord!

Let my prayer arise in Your sight as incense, and let the lifting up of my hands be an evening sacrifice!//
Hear me, O Lord!

v. (10) Bring my soul out of prison, that I may give thanks to Your name!

Tone 5 (for the Resurrection)

By Your <u>pre</u>cious <u>Cross</u>, O Christ, You have put the <u>dev</u>il to shame. By Your Resur<u>rec</u>tion, You have blunted the <u>sting</u> of sin and <u>saved</u> us from the <u>gates</u> of death.// We glorify You, the only begotten One.

v. (9) The righteous will surround me; for You will deal bountifully with me.

<u>Christ</u> was led as a sheep to the <u>slaugh</u>ter in order to grant Resurrection to the <u>human race</u>. The <u>princes</u> of hell were <u>fright</u>ened by this, for the <u>gates</u> of sorrow were <u>lift</u>ed.

Christ the King of glory had <u>en</u>tered, <u>say</u>ing to those in <u>chains</u>: "Go forth!"//
And to those in <u>darkness</u>: "Come to the light!"

v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!

Oh, great wonder!
The Creator of the invisible suffered in the flesh in His love for mankind and rose again immortal.
Come, O sons of nations, let us worship Him, for delivered from error by His compassion,// we have learned to sing of one God in three Persons!

v. (7) Let Your ears be attentive to the voice of my supplications!

(for the Resurrection, by Anatolius)

We <u>offer You our evening worship</u>,
O never <u>setting Light</u>,
Who <u>came</u> in these last days to the <u>world</u> in the flesh;
Who even de<u>scended</u> to hell to dispel its <u>darkness</u>.
You have revealed the light of Resurrection to the <u>na</u>tions.//
Glory to You, O <u>Lord</u> and <u>Giver</u> of light!

v. (6) If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.

We <u>glo</u>rify the Leader of our sal<u>va</u>tion; by His Resur<u>rec</u>tion from the dead, the <u>world</u> was <u>saved</u> from deceit. The as<u>sem</u>bly of Angels rejoices as the deceit of demons is <u>o</u>verthrown.// Fallen Adam <u>rises</u> as the <u>dev</u>il falls.

v. (5) For Your name's sake I have waited for You, O Lord, my soul has waited for Your word; my soul has hoped on the Lord.

The guards were instructed by the <u>law</u>less ones:

"Hide the rising of Christ, take <u>mon</u>ey and say:

'The <u>body</u> was stolen from the tomb while <u>we</u> were asleep.'"

But who has <u>heard</u> of a body being <u>sto</u>len,
a body embalmed and <u>naked</u>,
with its grave <u>clothes</u> left be<u>hind</u> in the tomb?

Do <u>not</u> be de<u>ceived</u>, O Jews,
study the words of the Prophets and <u>un</u>derstand://
Christ is the Redeemer of the <u>world</u> and all <u>powerful!</u>

v. (4) From the morning watch until night, from the morning watch let Israel hope on the Lord.

Tone 6 (from the Lenten Triodion) (Having placed all their hope)

You stood before the <u>doors</u> of the Church, polluted with evil and unable to <u>en</u>ter. Accused by your own conscience, O <u>wise</u> one of God, you converted to a <u>bet</u>ter way of life. Looking upon the icon of the blessed <u>Mother</u> of God, you condemned all your past sins, O Mother <u>Mary</u>,// and went to bow before the <u>pre</u>cious Cross.

v. (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.

(Repeat: "You stood before the doors of the Church ...")

v. (2) Praise the Lord, all nations! Praise Him, all peoples!

Having worshipped at the holy places with <u>great</u> joy, you received saving grace for your journey of <u>vir</u>tue. You set out in haste to follow the <u>nar</u>row path. You crossed the river <u>Jor</u>dan, and went to live where the <u>Bap</u>tist had dwelt. Through self-denial you tamed the savagery of the <u>pas</u>sions; through violence you broke the re<u>bel</u>lion of your flesh,// taking the Kingdom of <u>God</u> by force.

v. (1) For His mercy is abundant towards us; and the truth of the Lord endures for ever.

You lived alone in the <u>wil</u>derness; as you erased the images of <u>sin</u> from your soul, God marked it with the imprint of <u>ho</u>liness. Filled with the spirit, O Blessed Mother, you walked on the surface of the <u>wa</u>ters; by your prayers you ascended from earth to <u>heaven</u>. Since you stand before Christ, O glorious <u>Mary</u>,// entreat Him with boldness to save our souls!

Glory to the Father, and to the Son, and to the Holy Spirit;

Tone 4 (from the Lenten Triodion)

The power of your Cross has worked a <u>won</u>der, O Christ. Through it a harlot became a champion of the as<u>cet</u>ic life. She cast a<u>side</u> her weakness and bravely fought the <u>Dev</u>il, and having won the prize of <u>vic</u>tory,// she ceaselessly <u>prays</u> for our souls.

now and ever, and unto ages of ages. Amen.

Tone 5 (Theotokion – Dogmatikon)

In the Red <u>Sea</u> of old, a type of the Virgin Bride was prefigured. There <u>Mo</u>ses divided the <u>wa</u>ters; here <u>Ga</u>briel assisted in the <u>miracle</u>. There Israel crossed the sea without <u>get</u>ting wet, here the <u>Virgin</u> gave birth to <u>Christ</u> without seed. After <u>Is</u>rael's passage, the sea remained im<u>passable</u>; after Emmanuel's birth, the Virgin remained a <u>Virgin</u>. O ever-ex<u>isting</u> God, Who ap<u>peared</u> as Man,// O <u>Lord</u>, have <u>mer</u>cy on us!

Fifth Sunday of Lent: St Mary of Egypt

Aposticha

Tone 5 *(for the Resurrection)*

We <u>mag</u>nify You in <u>songs</u> of praise,
O incarnate Christ and <u>Sav</u>ior.
By ac<u>cepting</u> the Cross and <u>death</u> for our sake,
as the <u>Lord</u> and <u>Lov</u>er of mankind,
You overthrew the <u>gates</u> of hell,//
and arose on the <u>third</u> day, <u>sav</u>ing our souls.

v. The Lord is King; He is robed in majesty!

By being <u>pierced</u> in the side, O <u>Lov</u>er of mankind, You have poured out drops of life and sal<u>va</u>tion for all. By ac<u>cept</u>ing death in the flesh, You have granted us immor<u>tal</u>ity. You have <u>freed</u> us by being <u>placed</u> in the tomb, and have resurrected us with Yourself in <u>glo</u>ry, as God.// Glory to You, O <u>Lord</u> and <u>Lov</u>er of mankind!

v. For He has established the world, so that it shall never be moved.

Your cruci<u>fix</u>ion and descent into hell are awesome, O <u>Lov</u>er of mankind.

You have captured it, releasing the ancient <u>prisoners</u>. You have <u>opened Paradise</u> and <u>given</u> it to us. <u>Grant</u> us purifi<u>ca</u>tion of sins, who glorify Your Resurrection on the <u>third</u> day! Make us <u>wor</u>thy of <u>Paradise</u>// and <u>save</u> us, O <u>Lov</u>er of mankind!

v. Holiness befits Your house, O Lord, forevermore!

For our <u>sake</u>, You accepted <u>death</u> in the flesh, to rise from the dead on the <u>third</u> day. <u>Heal</u> us from our earthly <u>passions</u>, and restore us from our evil transgressions;// and <u>save</u> us, O <u>Lover</u> of mankind!

Glory to the Father, and to the Son, and to the Holy Spirit;

Tone 2 (from the Lenten Triodion)

With the sword of <u>ab</u>stinence, you cut down the corrupt desires of your soul and the <u>pas</u>sions of your

flesh.

With the <u>si</u>lence of the wilderness you strangled your sinful <u>words</u> and

thoughts.

You watered the desert with the <u>streams</u> of your tears. You made the fruits of repentance <u>grow</u> for us.// We celebrate your memory, O <u>ho</u>ly one.

now and ever, and unto ages of ages. Amen.

Tone 2 (Theotokion)

A new miracle surpasses all ancient <u>miracles!</u>
Who knows of a Mother who gave birth with<u>out</u> a man, who <u>car</u>ried in her arms her Cre<u>a</u>tor?
This birth is the <u>will</u> of God!
Since you carried Him as an infant in your arms, O most <u>pure</u> one, and since you pos<u>sess</u> motherly boldness be<u>fore</u> Him, do not cease praying for us who <u>hon</u>or you,// that He may be bountiful and <u>save</u> our souls!

Fifth Sunday of Lent: St Mary of Egypt

(at Great Vespers)

Tone 5 Troparion (Resurrection)

Let <u>us</u>, the faithful, praise and <u>wor</u>ship the Word, co-eternal with the Father and the <u>Spirit</u>, <u>born</u> for our salvation from the <u>Virgin</u>; for He <u>willed</u> to be lifted up on the <u>Cross</u> in the flesh, to en<u>dure</u> death, and to <u>raise</u> the dead// by His glorious Resur<u>rection</u>.

Glory to the Father, and to the Son, and to the Holy Spirit;

Tone 8 Troparion (for St Mary of Egypt)

The image of <u>God</u> was <u>truly</u> preserved in you, O <u>Mother</u>, for you took <u>up</u> the <u>Cross</u> and <u>fol</u>lowed Christ. By so <u>doing</u>, you <u>taught</u> us to disregard the flesh for it <u>passes</u> away; but to care in<u>stead</u> for the <u>soul</u>, for it is im<u>mor</u>tal.// Therefore your <u>spir</u>it, O <u>ho</u>ly Mother Mary, rejoices with the

now and ever, and unto ages of ages. Amen.

Tone 8 Resurrectional Dismissal Theotokion

For our sake <u>You</u> were <u>born</u> of the Virgin and endured crucifixion, O <u>Good</u>

One.

<u>ang</u>els.

destroying <u>death</u> by <u>death</u> and revealing the Resur<u>rec</u>tion as God. Do not despise the work of Your hand!

Reveal Your <u>love</u> for man<u>kind</u>, O <u>Mer</u>ciful One!//

Accept the <u>Theoto</u>kos who is praying for us, and save the despairing

people, O our <u>Savior!</u>

(at Vigil)

Tone 4 Troparion to the Theotokos

Rejoice, O Virgin Theotokos,
Mary, full of grace, the <u>Lord</u> is with you!
Blessed are you among <u>wo</u>men,
and blessed is the <u>Fruit</u> of your womb,//
for you have born the Savior of our souls. *(thrice)*

(at the Divine Liturgy)

Tone 5 Troparion (Resurrection)

Let <u>us</u>, the faithful, praise and <u>wor</u>ship the Word, co-eternal with the Father and the <u>Spirit</u>, <u>born</u> for our salvation from the <u>Virgin</u>; for He <u>willed</u> to be lifted up on the <u>Cross</u> in the flesh, to en<u>dure</u> death, and to <u>raise</u> the dead// by His <u>glorious</u> Resur<u>rec</u>tion.

Tone 8 Troparion (St Mary of Egypt)

The image of <u>God</u> was <u>truly</u> preserved in you, O <u>Mother</u>, for you took <u>up</u> the <u>Cross</u> and <u>fol</u>lowed Christ. By so <u>doing</u>, you <u>taught</u> us to disregard the flesh for it <u>passes</u> away; but to care in<u>stead</u> for the <u>soul</u>, for it is im<u>mor</u>tal.// Therefore your <u>spir</u>it, O <u>ho</u>ly Mother Mary, rejoices with the <u>angels</u>.

Tone 3 Kontakion (St Mary of Egypt)

Having <u>been</u> a sinful <u>wo</u>man, you became through repentance a <u>bride</u> of Christ. Having attained angelic life, you defeated demons with the <u>weap</u>on of the Cross.// Therefore O most glorious Mary, you are a bride of the Kingdom.

Tone 5 Prokeimenon

You, O Lord, shall protect us and preserve us from this generation forever.

(Ps 11/12:7)

v: Save me, O Lord, for there is no longer any that is godly! (Ps 11/12:1)

Tone 4 Prokeimenon

God is wonderful in His saints, the God of Israel. (Ps 67/68:35)

Epistle

Hebrews 9:11-14
Galatians 3:23-29 (St Mary of Egypt)

Tone 5

Alleluia, Alleluia, Alleluia!

v: I will sing of Your mercies, O Lord, forever; with my mouth I will proclaim Your truth from generation to generation. (Ps 88/89:1)

v: For You have said: "Mercy will be established forever; My truth will be prepared in the heavens." (Ps 88/89:2)

Gospel

Mark 10:32-45 Luke 7:36-50 *(St Mary of Egypt)*

(Instead of "It is truly meet ...," we sing the following)

Hymn to the Theotokos

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages. He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (Ps 148:1)

The righteous shall be in everlasting remembrance. He shall not fear evil

tidings. (Ps 111/112:6b-7a) Alleluia, Alleluia!

Liturgical texts for this service represent modified versions of translations provided by Holy Myrrhbearers Monastery, Otego, New York and St. Tikhon's Monastery, South Canaan, Pa. The Department of Liturgical Music and Translations of the Orthodox Church in America expresses its gratitude to Holy Myrrhbearers Monastery and St. Tikhon's Monastery and to those translators whose work has been consulted at times in the course of reviewing and modifying these texts to their present form: Metropolitan Kallistos (Ware), Archimandrite Ephrem (Lash), Archimandrite Juvenaly, Father Benedict Churchill, Isaac Lambertson, St. Vladimir's Seminary, and Holy Transfiguration Monastery, among others.

Liturgical music for the Lenten stichera on "Lord, I call" and the Aposticha from the Triodion and the Troparion and the Kontakion, published by the Department of Liturgical Music, can be downloaded at www.oca.org; Liturgical Music and Translations; Music Downloads; Services of the Yearly Cycle; Lenten Triodion; 5th Sunday of Great Lent.