## Finding The Way To The Heart

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Sunday, December 19, 2010

# The Holy Archangels- Prayers Asking for Their Protection

This is a journal of my experience in becoming an Orthodox Christian. It includes photos, stories and recollections of my travels to Greece, Serbia, Israel and England with an emphasis on my inner struggle, in particular; the search for the 'heart' and its purification, which is the way to Christ and to our participation in God's Uncreated Energy.

#### A Monk in Mt. Athos



"Because narrow is the gate and difficult is the way which leads to life, and there are few who find it" Matthew 7:14

The soul that has known the Lord wants to see Him within her at all times, for the Lord enters the soul in quietness and gives her peace, and bears silent witness to salvation" St Silouan of Athos

A Prayer by St Dimitri of Rostov



This icon of the Guardian Angel is available from Uncut Mountain Supply

The car accident happened on a Sunday evening at dusk. I worked as a Medical Technologist for the U.S.Navy and was serving a 2 year term at the Naval Hospital, Roosevelt Roads in Ceiba, Puerto Rico. I was not an Orthodox Christian back then in 1987. After a weekend with my family it was time to head back to base. I remember the windows of the car were shut tight and the air conditioner was off. My seat belts were off. I felt very relaxed notwithstanding a very persistent thought that I was going to have a car accident, but I dismissed it as nonsense. When I was only a half hour away from base, I felt the wind rushing into the front seat next to me, and I was startled. It only took a second. When I turned my eyes to look at the passenger seat, while doing my best to keep an eye on the road at the same time, I saw a very tall man dressed in white, very strong and young sitting next to me. He smiled and placed his arm across my chest, and right then I was knocked unconscious. An old man had attempted to drive across the highway and did not see me. And I hit him while going at 55 mph.

When I woke up, I was very confused and was not immediately aware that I had been in a car accident. A witness walked by expecting me to be dead but I was alive and had not been hurt. I was only a little sore because of the impact. The other driver went into cardiac arrest, had many broken bones and spent months in the hospital. Both cars were ruined. Imagine my amazement when I remembered what I saw and realized that God and His angel had saved my life. Even more astounding was the realization that God had loved me and protected me even when I was not very interested in my Christian life at that time. The love of God is truly amazing!

**Prayer to Your Guardian Angel** 

Open, O doors and bolts of my heart that Christ the King of Glory may enter!
Enter, O my Light and enlighten my darkness;
enter, O my Life, and resurrect my deadness;
enter, O my Physician and heal my wounds;
enter, O Divine Fire, and burn up the thorns of my sins;
ignite my inward parts and my heart with the flame of Thy love;
enter, O my King, and destroy in me the kingdom of sin;
sit on the throne of my heart and alone

### The Heart is the Battlefield of Our Salvation

What is the heart?, "Thus, as the bodily heart is the center of the body's life, the spiritual heart is the center of our spiritual life", Fr Spyridon Logothetis

O Thou, my King and Lord.

reign in me.

Where is the heart? "The heart is within our chest. When we speak of the heart, we speak of our spiritual heart which coincides with the fleshly one; but when man receives illunination and sanctification, then his whole being becomes a heart". Fr Zacharias Zacharou

"(God) is the One who has fashioned the heart of every man in an unique and unrepeatable way" Fr Zacharias Zacharou.

"It is astonishingly great that God the Father, poured from His Spirit a noetic sensation (noera aesthisis) or breath to the bodily hearts of those who rightly believed in the incarnate Logos". St Kallistos

A heart that has been made alive by the waters of holy baptism and regeneration of the Holy Spirit has the kingdom of God within, "the kingdom of God is within you". Luke 17:21

"Since the kingdom of God is within us, the heart is the battlefield of our salvation, and all ascetic effort is aimed at cleansing it of all filthiness, and preserving it pure before the Lord". Fr Zacharias

The darkness and desolation of a heart ravished by sin is indeed apalling. In a heart that has not been purified, "there are dragons and there are lions; there are poisonous beasts and all the treasures of evil".

St Macarius

O Angel of Christ, holy guardian and protector of my soul and body, forgive me everything wherein I have offended thee every day of my life, and protect me from all influence and temptation of the evil one. May I nevermore anger God by any sins. Pray for me to the Lord, that He may make me worthy of the grace of the All-holy Trinity, and of the Most

Blessed Theotokos, and of all the Saints. Amen. Source

The following is a list of the Archangels recognized by the Orthodox Church. These names are mentioned by St.Dyonisios the Aeropagite and they also appear in the Canon to the Bodiless Heavenly Powers. Their icons are available for purchase from Holy Trinity Store



St MICHAEL "Who is like unto God "

He is called the Archistrategos, or chief commander, of all the bodiless powers. As the Chief Commander of the Heavenly hosts, Michael usually holds a sword in one hand. In the other he often carries either a shield, date-tree branch, a spear, or a white banner (possibly with a scarlet cross). He is most likely to be wearing red. In many instances, Michael tramples the devil under his feet, which may be depicted as a dragon. This comes from the tradition that Michael was the main opponent of Satan in the battle for Heaven. St. Michael is the Commander-in-Chief of all the hierarchies of the Heavenly Hosts. He is usually known as the Angel who defeated Lucifer and his followers in the first rebellion of creatures against God. By his battle cry: "Mi-ca-El" which means "Who is like unto God?", he was named Michael. He is the first defender of the most holy Theotokos and ever virgin Mary in the Mystery of the Incarnation. He is usually associated with the miracles manifesting the almighty power of God with the Theotokos

(Dan. 10:12; 12:1; Apoc.12:7).

#### **Prayer to the Archangel Michael**

O Mighty Prince of the Heavenly Hosts, St. Michael, we beg you to protect and defend us in II struggles against the everyday temptations in this world. Help us to overcome all evils and strengthen us, that we may declare our faith in and loyalty to the Most High so that together with all the angels and saints in heaven we may glorify the Lord. St. Michael, please intercede for us together with the Theotokos and obtain for us the following requests \_\_\_\_\_\_. Present to God the Father all these petitions through Jesus Christ our Lord together with the Holy Spirit forever and ever. Amen.

"For it is within you, that is, it depends upon your own wills, and it is in your own power, wether or not you receive it. For every man who has attained to justification by means of faith in Christ, and is adorned by all virtue, is counted worthy of the kingdom of heaven".

St Cyril of Alexandria

And with the kingdom we receive all the treasures of Grace. "But there is also God, also the angels, the life and the kingdom, the light and the apostles, the treasures of Grace -there are all things".

St Macarius

#### Prayer of Archimandrite Sophrony of Essex

"Oh Lord, I am weak. Thou knowest this. In fear I seek the way to Thee. Despise me not. Forsake me not in my fall. Draw near even unto me, who am of no account, yet I thirst after Thee. Take up Thine abode in me and do Thou Thyself perform in me all that Thou hast commanded of us. Make me Thine for ever and ever, in love unshakeable."

#### **Blog Archive**

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# A Prayer to Archangel Michael, the Mighty Warrior

O Lord God, Great and Eternal King! Send, O Lord, Thy Archangel Michael to help Thy servant (name), and to deliver me from all my enemies, visible and invisible.

O Archangel Michael, angel of the Lord and vanquisher of demons! Suppress all my combatants, make them meek as sheep, and disperse them like dust before the wind.

O great Michael, Archangel of the Lord, six-winged high prince, leader of the heavenly host, the Cherubim and the Seraphim! O kind Archangel Michael, be my helper in all offenses, sorrows and woes, in the desert, at the crossroads, be a safe haven on rivers and seas. Deliver me, O great Archangel Michael, from all the temptations of the demons, when they hear me, thy sinful servant (name), praying to thee, and calling upon thee, and entreating thy holy name: hasten to assist me and heed my prayer. O great Archangel Michael! Vanquish all my opponents by the power of the Holy and Life-giving Heavenly Cross of

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- ▶ January (1)
- **>** 2009 (16)

Recommended Reading List is at the bottom of the posts.

#### **About Me**



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- Antonius
- Apostle Andrew
- Apostle John
- Apostle Paul
- Apostle Thomas
- Arch. Spyridon Logothetis
- Archangel Barachiel
- Archangel Gabriel
- Archangel Jehudiel
- Archangel Jeremiel
- Archangel Michael
- Archangel Raphael
- Archangel Selaphiel
- Archangel Uriel
- Archimandrite Cherubim
- Archimandrite Placide Deseille
- Archimandrite Sophrony
- Archimandrite Zacharias Zacharou
- Archpriest Andrew Phillips

the Lord, by the prayers of the Most-holy Theotokos and the holy apostles, the holy prophet of God Elias, Saint Nicholas the wonderworker, Saint Andrew the fool-for-Christ, the holy great martyrs Nikitas and Eustace, the venerable fathers and holy hierarchs, martyrs, and all the heavenly host. Amen.

Whosoever reads this ancient prayer – on that day will he be touched neither by the devil, nor by any evil man, nor will any temptation seduce his heart. If he should pass from this life – hell will not take in his soul.

#### Source



St GABRIEL "The Power or Strength of God".

St. Gabriel is the bearer of God's secret messages to His chosen ones. He is the Angel who announced to the Theotokos God's plan for her to be the Mother of His Son, Jesus (Luke 1:19). He was also the Angel who foretold to Daniel the end of the world. (Dan. 8:19; 9:21).

Archangel Gabriel is the messenger of God's Providence, the attendant of miracles and divine Mysteries. When we are

- Atonement
- baptism
- belt of the theotokos
- Bishop Basil
- Bishop Hilarion Alfeyev
- burning bush
- Chambésy
- child abuse
- Church Fathers
- Church of the Annunciation
- communion
- confession
- Constantine Cavarnos
- Coqu
- Daniel Griggs
- darkness
- David Brakke
- death
- Dee Pennock
- demons
- desiring power
- despair
- discernment
- Divine Ascent Magazine
- dogma
- Dr. Christopher Veniamin
- Dr. Dimitrios Tselengidis
- dreams
- ecumenism
- El Camino del Peregrino Ortodoxo
- Elder Ephraim
- Elder Ephraim of Arizona
- Elder Iakovos of Evia
- Elder Joseph the Hesychast
- Elder Paisios the Athonite
- Elder Porphyrios of Kavsokalivia
- Elder Thaddeus of Serbia
- Elohim
- Empirical Dogmatics
- enemies
- Envy
- Episcopal Assembly
- Eucharist
- Eusebius
- Evagrius of Pontus
- Evlogeite
- Ezequiel the Prophet
- faith
- Feast of the Dormition of the Theotokos
- fire
- fool for Christ
- fornication
- Fr Artemy Vladimirov

overcome with doubts, when it seems to us that we have been abandoned by everyone and there is no help from anywhere, let us pray to Archangel Gabriel, that by his prayers the Lord would reveal to us His most holy will and would set our life upon the course of salvation.

#### **Prayer to the Archangel Gabriel**

St. Gabriel, Holy Archangel, you, who are known as the bearer of God's secrets meant especially for His chosen ones, we, God's children, are constantly keeping watch on God's message. Through your powerful intercession, may we receive God's words and messages so that together with Mary, the Theotokos, we may give glory and praise to Him.

May we also radiate God's love to others by our exemplary deeds. O, St. Gabriel, obtain for us the grace and present to God the Father the following requests \_\_\_\_\_\_ through Jesus Christ our Lord together with the Holy Spirit forever and ever. Amen.



#### St RAPHAEL "The Healing of God"

Regarding the healing powers attributed to Raphael, we have little more than his declaration to Tobit (Tobit, 12) that he was sent by the Lord to heal him of his blindness and to deliver Sarah, his daughter-in-law, from the devil.

St. Raphael is the Archangel of the Christian's journey to heaven. He is the head of the guardian angels. He is assigned by God to accompany us along the way of our pilgrimage in search of the treasures of real happiness which God has in store for all His children.

He also gives the light to discern correctly God's ways and protects us from the dangers that befall us on our way to our heavenly home. As his name Raphael connotes,

"medicine of God," he is the Angel that brings good health and abundant provisions during our journey (Tob. 8:3; 12:15).

#### **Prayer to Archangel Raphael**

O Great Archangel, St. Raphael, you have been appointed by God to become our healer and to guide us in our earthly pilgrimage to our home in heaven. We beg you to assist us in all our undertakings and in all the trials and pains of this

- Fr Cliff Ermatinger
- Fr Ephrem Lash
- Fr George Calciu
- Fr John Romanides
- Fr Joseph Copeland
- Fr Nicholas Letten
- Fr Sebastian Brock
- Fr Seraphim Rose
- Fr Vassilios Papavassilios
- Fr Zacharias Zacharou
- Fr. Andrew Louth
- Fr. George A. Maloney
- Fr. Nicholas Loudovikos
- Fr. Placide Deseille
- Frederick Edwin Church
- glossolalia
- gluttony
- gossip
- govenie
- Grace
- Great and Holy Council
- guardian angel
- Guide
- Heart
- Heaven
- hell
- hesychasm
- Hieromonk Damascene
- His Life is Mine
- humility
- incensive power
- intellectual power
- Ireland
- Isaiah
- Jesus Prayer
- Jonathan Edwards
- Journey
- judging
- Kaddish
- Karoulia Mount Athos
- King David
- Kyriacos Markides
- Light
- listlessness
- Lord's Prayer
- love of money
- Luke Dysinger
- Manuel Panselinos
- Masshiach
- Matthew the Poor
- Metropolitan Athanasios of Limassol
- Metropolitan Hierotheos Vlachos
- Metropolitan Jonah

earthly life. We pray for constant good health both physically, mentally and spiritually. We beseech you to guide always our steps that we shall walk with confidence towards our journey, and enlighten us with our doubts generated by intellectual pride and worldly ambitions. St. Raphael, please present to God the following petitions \_\_\_\_\_. Through Jesus Christ our Lord together with the Holy Spirit forever and ever. Amen.



St URIEL "The Light or Fire of God"

This archangel enlightens the minds and the hearts of the faithful with the light of divine truths and the fire of divine love. All those who embark upon the study of knowledge can and should pray to this archangel to enlighten their minds and hearts, in order to avoid a destructive chasm between knowledge and faith. In the Book of Enoch Uriel was called the Angel who "watches over thunder and

#### terror" (Enoch 1). Source

Uriel is said to be one of the four guardians of God's throne. Identified as both a seraph and a cherub, Uriel is most well known for his role as regent of the sun in the book of Revelation where he calls forth the birds of the air to feast upon the fallen. As one of the most faithful and dedicated members of the host, Saint Uriel the archangel was also placed in charge of Tartarus (another name for Hades). He is often shown holding the keys to Hades for this reason.

Uriel is considered to be Archangel of the Earth. This means he is responsible for protecting people from floods, earthquakes and other natural disasters Saint Uriel is also credited for warning Noah of the impending flood (although Raphael is credited with teaching the building of the ark), and attacking Moses for failing to circumcise his son. Although Saint Uriel the Archangel is gentle, loving and kind, he is severe when people blaspheme or offend God. One of his tasks is to punish sinners. Consequently, he is also known as the Angel of Retribution. An ancient tradition says that Uriel was the angel who wrestled with Jacob for a full night (Genesis 32: 24-30). In the apocalypse, Saint Uriel

- monasticism
- Mother Nectaria McLees
- Mount Athos
- Nitzevet
- nous
- objectifying
- Optina Monastery martyrs
- Origer
- Orthodox Christian Recorded Books
- Orthodox Church
- Orthodox Monasticism
- Orthodox Spirituality
- Our Lord Jesus Christ
- pain of heart
- Panagia
- passion
- Patmos-The Cave of St John
- person
- Photis Kontoglou
- Pouplius Lantoulos
- powers of the soul
- Prayer
- pride
- Procopios of Gaza
- Prologue
- Prophet Samuel
- Proverbs
- repentance
- resentment
- Righteous Chrysanthi of Andros
- sadness
- salvation
- Scott Cairns
- self-love
- Severian of Gabbala
- slander
- sloth
- speaking in tongues
- spiritual discernment
- spiritual father
- spiritual life
- spirituality
- St Anthony's Monastery
- St Bartholomew
- St Basil of Ostrog
- St Basil the Great
- St Cyprian of Carthage
- St Cyril of Alexandria
- St Cyril of Jerusalem
- St David of Evia
- St David of Thessaloniki
- St Demetrios of Thessaloniki
- St Diadochus of Photikê

appears as the Angel of Repentance. Uriel is one of the four angels of the presence. A scriptural reference to an angel of presence is found in Isaiah 63:9, "In all their affliction he was afflicted, and the angel of his presence saved them: in his love and in his pity he redeemed them; and he bore them, and carried them all the days of old. We pray for him to enlighten those with darkened minds.

#### Prayer to the Archangel Uriel

Oh holy St. Uriel, come to our aid with your legion of angels! Intercede for us that our hearts may burn with the fire of God. Obtain for us the grace to use the sword of truth to fight against all that is not in conformity to the most adorable will of God in our lives.



#### St Selaphiel "The Command, Communicant or Prayer of God"

He is even depicted so on icons: with eyes gazing downward, with hands crossed on his chest, with an air of humility and deep inner concentration. Archangel Selaphiel is the patron of prayer. He is our primary teacher of prayer. Prayer is the most difficult thing to achieve, and one must be instructed in it. Unfortunately, some people assiduously study various worldly subjects, but disdain the study of the most important subject in the world - the Jesus prayer. Let us pray to Archangel Selaphiel for the Lord to grant us this gift of divine prayer. St. Selaphiel continually stands before God, with a censer in hand in unceasing adoration of the Most Holy Trinity. As the Archangel of contemplation and worship, his angelic purity transforms the love and worship which we mortals give to God. We need St. Selaphiel's powerful intercession before God's throne to overcome the evils of hedonism in our day. May the evils of drug addition, sex exploitation and abortion become things of discredited past. May endless hymns of praise rise from all peoples as they chant in union with the Heavenly Choirs of Angels, in perpetual thanksgiving for God's bountiful blessings. He is known to be the angel who stopped Abraham from killing his son Isaac as a sacrifice. (Gen. 22:12)

#### **Prayer to the Archangel Selaphiel**

O Pure and Holy Archangel St. Selaphiel, you bow before the

- St Dionysios the Areopagite
- St Ephraim the Syrian
- St Eudokimos
- St Gregory of Sinai
- St Gregory Palamas
- St Gregory the Great
- St Gregory the Theologian
- St Herman
- St Herman of Alaska
- St Herman Press
- St Hermolaus
- St Ignatius
- St Ignatius Brianchaninov
- St Ireneus
- St Isaac the Syrian
- St John Cassian
- St John Chrysostom
- St John Climacus
- St John of Shanghai and San Francisco
- St John the Forerunner Greek Orthodox Monastery
- St Justin Martyr
- St Justin Popovich
- St Macarius
- St Mark the Ascetic
- St Mary of Egypt
- St Maximos the Confessor
- St Nicholas Cabasilas
- St Nicodemos the Hagiorite
- St Niketas Stethatos
- St Nikitas Stithatos
- St Nikodim of Belgorod
- St Nikolai Velimirovich
- St Panteleimon
- St Patrick of Armagh
- St Paul
- St Poemen the Great
- St Romanos the Melodist
- St Seraphim of Sarov
- St Seraphim of Viritsa
- St Silouan The Athonite
- St Simeon the Pious
- St Sophronios of Jerusalem
- St Symeon of Dajbabe
- St Symeon the New Theologian
- St Symeon the Pious
- St Thalassios
- St Theodora of Thessaloniki
- St Theophan the Recluse
- St Tryphon
- St. Kallistos
- St. Nicholas Cabasilas
- St. Nikolai Velimirovich

Almighty Lord offering angelic salutations of praise and thanksgiving. Guide us in our prayer. Like you, we would like to unceasingly pray and worship God the right way. May our lives be like incense pleasing to God.

While awaiting for the inevitable time of separation frmo this material world, may we praise the Holy Trinity in the spirit of true love and humility throughout the days of our life in eternity. Obtain for us these favors \_\_\_\_\_ and present to God the Father all these petitions through Jesus Christ our Lord together with the Holy Spirit forever and ever. Amen.



St Jehudiel "The Glory, Laudation or Praise of God"

He is often depicted in iconography holding a crown and a three-thonged whip. Archangel Jehudiel is the patron, defender and helper of all those who toil. And we must all be such, for we have been commanded to eat our bread in the sweat of our faces. We toil not only physically, to earn our daily bread, but also spiritually, in order to perfect ourselves. Archangel Jegudiel is depicted on icons with a crown of victory in his hands. Such crowns will be earned by those of us who will endure to the very end, who will worthily bear the light yoke of Christ. We are faced with a complex task, so let us ask Archangel Jegudiel for help in our daily lives.

God's mercy comes to us every moment of our lives. Without it, we would die. With it, God provides us the graces we need for our bodies. Mercy is God's love helping us fight the temptations of life and obtain forgiveness for our sins. Mercy is grace for bodily and spiritual needs. Mercy is God Himself through the merits of Jesus Christ bringing us back to our heavenly home.

#### **Prayer to the Archangel Jehudiel**

O Merciful Archangel, St. Jehudiel dispenser of God's eternal and abundant mercy. Because of our sinfulness, we do not deserve God's forgiveness. Yet, He continually grants us forbearance freely and lovingly. Help us in our determination to overcome our sinful habits and be truly sorry for them. Bring each one of us to true conversion of heart, that we may experience the

- stages
- Stories That Warm Up The Heart
- suffering
- the Cross
- The Ladder of Divine Ascent
- The Lamentations
- The Luminous Eye
- The Monastery of St John of San Francisco
- The Mountain of Silence
- The River of Fire
- The Second Coming of Christ
- The Sign of The Cross
- theosis
- Theotokos
- therapeutic science
- thoughts
- throne
- Uncreated Light
- Uncut Mountain Supply
- vainglory
- Valaam
- Vatopaidi
- will
- Yeshua
- Yishai
- ελέησόν με
- Κύριε Ιησού Χριστέ

#### **Blogs I Follow**

**Again and Again** 

Blog dedicat Parintelui Rafail Noica

**Cost of Discipleship** 

**Edwards in Greece** 

**Enlargement of The Heart** 

**Full of Grace and Truth** 

Glory to God for All Things

**Notes on Arab Orthodoxy** 

OrthodoxWord

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Πεμπτουσία

joy of reconciliation which it brings, without which neither we as individuals, nor the whole world can know true peace. You who continually intercedes for us, listen to our prayers \_\_\_\_\_ and present to God the Father all these petitions through Jesus Christ our Lord together with the Holy Spirit forever and ever.

Amen.



#### St. Barachiel "The Benediction or Blessings of God"

In iconography he is sometimes shown holding a white rose against his chest, or with rose petals scattered on his clothing. Archangel Barachiel is the angel of God's blessings. While asking God to bless all our good efforts, let us also appeal to Archangel Barachiel for help. However, we must accept the Lord's blessing not only for prosperity but also for our cross, i.e. the sorrows without which there is no salvation. And may Archangel Barachiel give us strength to carry our blessed crosses. Through the merits of Our Lord Jesus Christ, His passion, death and resurrection, all His disciples are brought to a transforming union with Him. Through His transformation in love, the soul becomes Christ-like. As such, every Christ-like soul becomes, by adoption, the child of the Father. St. Barachiel is the Archangel who was assigned by God to keep watch over His adopted children, taking care that He and the choirs of angels assigned to the task guard these transformed souls in all their ways, bearing them up in their hands, "lest they dash their feet against the stone on their way to their heavenly home." (Psalm 91, 12).

#### **Prayer to the Archangel Barachiel**

O Powerful Archangel, St. Barachiel, filled with heaven's glory and splendor, you are rightly called God's benediction. We are God's children placed under your protection and care. Listen to our supplications \_\_\_\_\_\_. Grant that through your loving intercession, we may reach our heavenly home one day.

Sustain us and protect us from all harm that we may posses for all eternity the peace and happiness that Jesus has prepared for us in heaven.

Present to God the Father all these petitions through Jesus Christ our Lord together with the Holy Spirit forever and ever. Amen.



St JEREMIEL "God's exaltation"

He is venerated as an inspirer and awakener of exalted thoughts that raise a person toward God (III Ezra 4:36). Jeremiel is that Archangel who review's our lives with us after we have crossed over. He is also able to do this for us while we're still living, helping us to review our life up till now so we can correct the wrongs we have done by making positive adjustments. Through this, he is able to help us make life changes, making us stronger and lead us to the right path.

St. Jeremiel with the weighing scale in his hand, reminds us of divine justice that weighs according to its true worth whatever good we do and whatever doings we commit in relation to God, to our neighbors or to ourselves, both as individuals and as a community of nations. He also reminds us of the terrible judgment of God upon the world for the human pride and godlessness with which human affairs are conducted.

#### **Prayer to the Archangel Jeremiel**

O Illustrious St. Jeremiel, the Archangel of God's divine justice, as you hold the heavenly scales that weigh our lives on earth, we ask you to intercede for us, that God may forgive us all our sins. Obtain for us the grace of true repentance and conversion of heart that we may be spared of the punishment we deserve. Offer our prayers to God in our search for true peace and happiness founded on truth and justice. We pray for those who are suffering of inhumanities, dying because of injustice and the oppressed due to manipulation and exploitation. We also pray for our less fortunate brothers and ourselves for the following intentions \_\_\_\_\_\_. Present to God the Father all these petitions through Jesus Christ our Lord together with the Holy Spirit forever and ever. Amen.



## Synaxis of the Holy Archangels and Bodiless Powers Source

#### **HYMN OF PRAISE**

The Holy Archangel Michael and all the Bodiless Powers of Heaven

Heavenly Commanders, Who watch over us with great care, Cover us with your wings, And shield us with your power.

Armed with the power of God, Crowned by His glory, You wield flaming swords, To cut the demons down.

Swift, swift as rays of light You soar on the clouds-The clouds of the air-Where you do battle for God.

Without fatigue and without sleep You hover ceaselessly Over men and created things, And over countless worlds.

Behold, yours are mighty armies, Legions virtuous, And gentle battalions of angels: And, according to the Creator, our brothers.

Commanders of the might of heaven, Lead us where we need to go-To the throne of the Most High Who created us from nothing. From the Prologue of Ochrid November 8 by St Nikolai Velimirovich

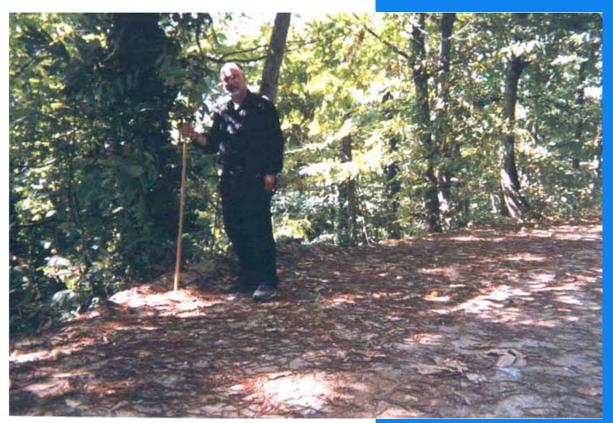
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David near the Monastery of Philotheou, Mt Athos Greece

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- An Athonite Gerontikon by Archimandrite Ioannikios, Holy Monastery of St

- Gregory Palamas Kouphalia, Greece 1991
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- Christ Our Way and Our Life by Archimandrite Zacharias Zacharou, ISBN 1-878997-74-2
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- Dance, O Isaiah by Constantine Platis, unknown printing 2000
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- Duties of the Heart by R. Yehuda Ibn Tibbon Trans. by Daniel Haberman, 2 vols., Feldheim Publishers Jerusalem 1999 ISBN: 1-58330-432-0
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- Elder Paisios of Mount Athos Spiritual Counsels, Spiritual Awakening vol 2, Trans by Fr. Peter Chamberas, Holy Monastery 'Evangelist John The Theologian' Souroti, Greece 2007
- Elder Paisios of Mount Athos Spiritual Counsels, With Pain And Love for Contemporay Man vol1, Trans by Cornelia A. Tsakiridou & Maria Spanou, Holy Monastery 'Evangelist John The Theologian' Souroti, Greece 2006
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