

Prayer of St. Symeon the New Theologian

Thou, Oh Christ, art the Kingdom of Heaven;

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Thou, the land promised to the meek;

Thou, the meadowland of paradise;

Thou, the hall of the celestial banquet;

Thou, the ineffable bridal chamber;

Thou, the table set for all,

Thou, the bread of life;

Thou, the unheard of drink;

Thou, both the urn for the water and the life -giving water;

Thou, moreover, the inextinguishable lamp for each one of the saints;

Thou, the garment and the crown and the One

Who bestoweth the crowns;

Thou, the joy and rest;

Thou, the delight and glory;

Thou, the gladness and mirth;

And Thy grace, the grace of the Spirit of all sanctity, will shine like the sun in all the saints; And Thou, the unapproachable Sun, wilt shine in their midst; and all will shine brightly, according to the measure of their faith, their asceticism, their hope and their love, their purification, and their illumination by Thy Spirit.